

## Sailing Terminology

■ Intro to Sailing LI ■ Intro to Sailing L2 ■ Intermediate L1 ■ Intermediate L2 ■ Advanced

Sailing	Boat	Knots	Wind/Weather	Types of Boats
Safety Position	Sail	Square	No Go Zone	Cat
Weight Placement	Hull	Bowline	Wind Pie-Reaching	Sloop
Clew	Main sheet	Figure eight	Upwind	Yawl
Sail Trim	Mast	Clove hitch	Downwind	Ketch
Steering	Rudder/Tiller	Half hitch	Tacking (Tiller towards trouble)	Cutter
Hiking	Tiller Extension	Coiling a line	Luffing (Lulls)	Schooner
Flotation	Centerboard	Cleating	Puffs	
Buoy	Dagger		Windward	
Tacking	Boom		Leeward	
Jibing	Rigging		Jibing	
Docking	De-rigging		Closed-hauled	
Cross-over	Sprit pole		In Irons	
Hand Exchange	Boomvang		Beating	
Sail bag	Battons		Reaching	
Telltails	Jibsheet		Running	
Departure	Hiking strap		Points of sail	
Landing	Bow		Circle of wind	
Seams	Stern		Tacking port tack	
Crinkle	Clew		Starboard tack	
Roach	Tack		Reach	
Insignia	Head		Lifts	
	Foot		Knock	
	Leech		Rearing away	
	Outhaul		Stalling	
	Downhaul		Safety position	
	Shrouds (stays)		Head-up	
	Transom		Bear off (fall off)	
	Traveler		Reefing	
	Leeboard		Pinching	
	Cleat		Sailing by the lee	
	Block		Roll tack	
	Cunningham		Easing sheets	
	Gooseneck		Overtaking	
	Halyards			
	Painter			
	Shackle			
	Rub Rail(gunwale)			